

Key Stage 2 – PE coverage 2022/2023

Autumn

Sports in red = Herts School Competitions

	1 (7 weeks – 4/3)		2 (7 weeks – 3/4)	
Year 3 <i>CR Support</i>	Tennis	Football	Rapid fire Cricket	Health & Fitness
Year 4	Golf	Dodgeball	Gymnastics	Netball
Year 5 <i>CR Support</i>	Basketball	Gymnastics (Fun run)	Volleyball	Football
Year 6	Volleyball	Basketball	Netball	Gymnastics

Spring

	1 (5 weeks)	2 (5 weeks – 1 indoor/1 outdoor)	
Year 3	Orienteering	Gymnastics	Dance
Year 4	Athletics	Dance	Dance
Year 5	Netball	Tag Rugby	Dance
Year 6 <i>CR Support</i>	Football	Hockey	Dance

Summer

	1 (6 weeks – 4/3)		2 (7 Weeks – 4/3)	
Year 3	Rounders/ Softball	Athletics	Sports day prep	Dodgeball
Year 4 <i>CR Support</i>	Swimming (+ Tennis)		Swimming (Sports day prep & Health & Fitness)	
Year 5	Swimming (+ Handball)		Swimming (Sports day prep & Tennis)	
Year 6	Cricket	Handball	Sports day prep	Ultimate Frisbee

Family Competitions

Year 3	Year 4	Year 5	Year 6
Rapid fire cricket 6T Tuesday 22 nd November Rickmansworth School 16:00-18:00	Tri-golf Thursday 29 th September Rickmansworth School 12:30-14:45	Fun run Rickmansworth School Thursday 10 th November 12:30 – 14:45	Multi-sport The Orchard Primary School Tuesday 27 th September 16:00 – 18:00
Athletics Rickmansworth School Thursday 23 rd June 12:30-14:45	Dance Festival Rickmansworth School 7 th /8 th /9 th November	Tag Rugby Rickmansworth School Thursday 23 rd March 12:30-14:45	Basketball Future Academies Watford Thursday 3 rd November 16:00-18:00
Multi-Sport TBD Tuesday 27 th June 16:00-18:00	Indoor athletics Rickmansworth School Wednesday 1 st February 12:30 – 14:45	Handball The Reach Free School Thursday 22 nd 16:00-18:00	Indoor Athletics Rickmansworth School Tuesday 10 th January 16:00 -18:00
	Tennis Maple Cross Tennis Club Tuesday 13 th June 16:00-18:00		Tag-Rugby TBD Wednesday 1 st March TBD
			Hockey Croxley Danes School Thursday 20 th April 16:00 – 18:00

			<p>Dynamo Cricket Rickmansworth CC Wednesday 17th May 10:00-15:00</p> <p>Handball The Reach Free School Thursday 22nd 16:00-18:00</p>
<p>Key Steps Gymnastics KS1/2 Rickmansworth School Tuesday 7th February 16:00-18:00</p>			
<p>Year 2 Year 2 Indoor Athletics Rickmansworth School Thursday 27th April 16:00-18:00</p> <p>KS1 Multi Skills Parmiters School Thursday 4th May 16:00-18:00</p>			

EYFS- PE coverage 2022/2023

Autumn

	1	2
Nursery		Introduction1
Reception	Introduction 2	Fundamentals 2

Spring

	1	2
Nursery	Fundamentals	Dance 1
Reception	Gymnastics 2	Dance 2

Summer

	1	2
Nursery	Balls Skills 1	Sports day preparation & Games 1
Reception	Balls Skills 2	Sports day preparation & Games 2

Key Stage 1 – PE coverage 2021/2022

Autumn

	1	2
Year 1	Gymnastics Y1	Fundamentals
Year 2	Fundamentals Y2	Y1Gymnastics Y2

Spring

	1	2
Year 1 CR Support	Target Games Y1	Dance Y1
Year 2	Target Games Y2	Dance Y2

Summer

	1	2	
Year 1	Sending & receiving	Sports day Prep	Team Building
Year 2 CR Support	Striking & fielding	Sports day prep	Invasion Games

After school clubs for league/tournaments

Year 6 Basketball – Mr Furlong - Autumn

Year 5/6 Football – Mr Furlong – Autumn

Year 5/6 Netball – Miss Hutchins & Mr Furlong– Autumn

Year 5/6 Tag Rugby – Mr Furlong – Spring

Year 5/6 Football – Mr Furlong - Spring

Year 4 Tennis – Miss Buckman - Spring

Year 5/6 Tag Rugby– Mr Furlong - Summer

Year 5/6 Rounders – Mr Furlong - Summer

EYFS – PE coverage 2022/2023

National Curriculum regarding PE in EYFS: Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

Reception

Reception currently have two 1.5-hour hall slots per week.

Monday morning's session allow children the opportunity to utilise the space and the equipment and children will complete units mentioned above.

The **Wednesday afternoon** session will be taken by class teachers who will adapt their planning to incorporate PE activities that suit the theme of that week using the hall slot.

Nursery

Nursery currently have a one-hour hall slot per week that will be split into two 25-minute sessions. Half the class will remain in class and the other will be in the hall.

We will be working over a two-week period, one week will be games and activities centred around the theme for that week (Themes tend to last over 2 weeks in Nursery) and the next would be giving them the chance to explore using the variety of equipment available.